ASHBROOK COURT
CARE HOME

Winter Newsletter

As we welcome 2026 with open arms, our hearts are full of gratitude for the beautiful memories we've shared over the past few months, filled with so much love, laughter, and celebration. I hope you enjoy looking back on these moments that have made the end of 2025 truly special.

A Christmas cracker!

We began the festive season with the switching on of our Christmas lights. The home became a winter wonderland, complete with snow and even a few penguins! Everyone enjoyed spending time with our feathered friends, holding them on their knee or stroking them. We all stayed warm with a tasty buffet made by our chefs and had a magical time singing carols and Christmas songs with entertainer Clayton.

Litter pickers

Some of our residents have volunteered to litter pick for our local community once a month. Their shared endeavour has sparked new friendships, including residents Peter and Robin who have discovered they have lots in common. The project gives the gents, and our other volunteers, a real sense of achievement knowing they've made a contribution to the town. As we go on our rounds, we all enjoy chatting with locals in the park; they usually stop to thank us or to ask about the project.

Festival of lights

We love to learn about different cultures and in October we celebrated Diwali. We got creative and crafted some beautiful handmade lanterns to help us to mark the festival of lights. Our lovely resident Rita enjoyed making her lantern and care assistant Vimasha helped with the trickier parts. We enjoyed tasty lychee and mango drinks, and Chef Ken made everyone a delicious Rogan Josh dish for lunch. Our celebration was a feast for the senses and a lot of fun!

Halloween spooktacular!

Our residents had lots of spooky fun during October with plenty of Halloween-themed activities and crafts. Our pumpkin carving activity was a firm favourite and really encouraged everyone to get creative. John loved the pumpkin carving as it was a very sensory experience scooping out all of the flesh and seeds. These types of activities help to improve our residents' fine motor skills and boost their wellbeing.

TOP 20 CARE HOME GROUP AWARD 2023 carehome.co.uk

Read our reviews

"Ashbrook Court is a great care home. Staff, carers, admin and management have been fantastic, always going above and beyond."
Gary

"The care my mother has received is outstanding. We can now rest knowing she is so well cared for."
Suzanne

"Excellent care home. I feel 100% confident that my dad is well looked after and cared for. Most importantly, he is treated with respect."
Vikki

With love
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Inspected and rated
Good
Care Quality Commission
10 June 2023

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