

News from



# ASHBROOK COURT CARE HOME

Dear friends

A fresh new season is here and our home feels bright and vibrant!  
Here is a little peek into our fun spring adventures!



## Kidding around

Our animal loving residents enjoy regular pet therapy sessions and the latest visitors to our home melted everyone's hearts! Five adorable kid goats from our friends at Performing Pets popped by recently, creating the perfect spring atmosphere! Our residents had an incredible time enjoying cuddles and bottle feeding. Ashbrook Court already has a much-loved rabbit called Bruno and four parakeets who keep us all entertained, but welcoming the kid goats into the home was such a thrill! Their visit took us down memory lane and soon everyone was reminiscing about the pets they had as children, it was great fun!



## Celebrations and outings

Spring has brought us many celebrations! We came together for pancake flipping on Shrove Tuesday and boogied along to a live performance for St. Patrick's Day. We even celebrated the incredible 58th Wedding Anniversary of our beloved resident Patricia and her husband John, who festooned her room with flowers and balloons for the occasion! Over the past few weeks we've enjoyed playing indoor beach volley ball and hosting themed cuisine days, sampling delights from France and Italy. Of course, we love getting out and about too and we had a particularly lovely outing to our local Waltham Abbey church to take in the fresh air and scenic surroundings. Never a dull moment!



# Mother's Day

We had a marvellous time celebrating the mothers amongst us this Mothering Sunday. First, we made sure the day started out right and the ladies of Ashbrook Court were thoroughly spoiled. Everyone received a 'Mum in a Million' gift donated from friends of our home and also our local school, Lambourne Primary. It was such a delight to see our home bursting with the bright and colourful blooms that were delivered. Then decked in our Sunday finest, our ladies gathered together in the afternoon to share a sumptuous High Tea! There were delicate cupcakes, delicious sponges and everyone's favourite scones with clotted cream and jam. A wonderful way to celebrate together!



## It's Easter time

Our residents have had a wonderful time welcoming Easter to Ashbrook Court. In the run-up to the big weekend we got creative making all manner of Easter crafts! On Easter Sunday itself some of us gathered for a private church service in the morning before our whole home came together for a sumptuous Easter lunch. Then when the culinary delights of the chef team had been enjoyed we dressed up in our bunny masks and made the most of the incredible weather by having drinks in the sunshine! We ended our fabulous weekend by playing Easter themed games and sharing lots of laughter. We had a cracking time!



With love,  
**Jonathane Ribeiro**

**Home Manager**

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**We always love reading your comments on Facebook!  
Here are a few recent ones:**

"We are so grateful that our most treasured, cherished and precious parents are cared for, respected and loved as part of the Ashbrook Court family." Amanda

"Thank you Ashbrook for all your hard work making Valentine's Day a very loving day for all your lovely residents, it means so much to us to see how much love is given." Michelle

"So many opportunities and activities for Dad to enjoy - Thank you." Julie

